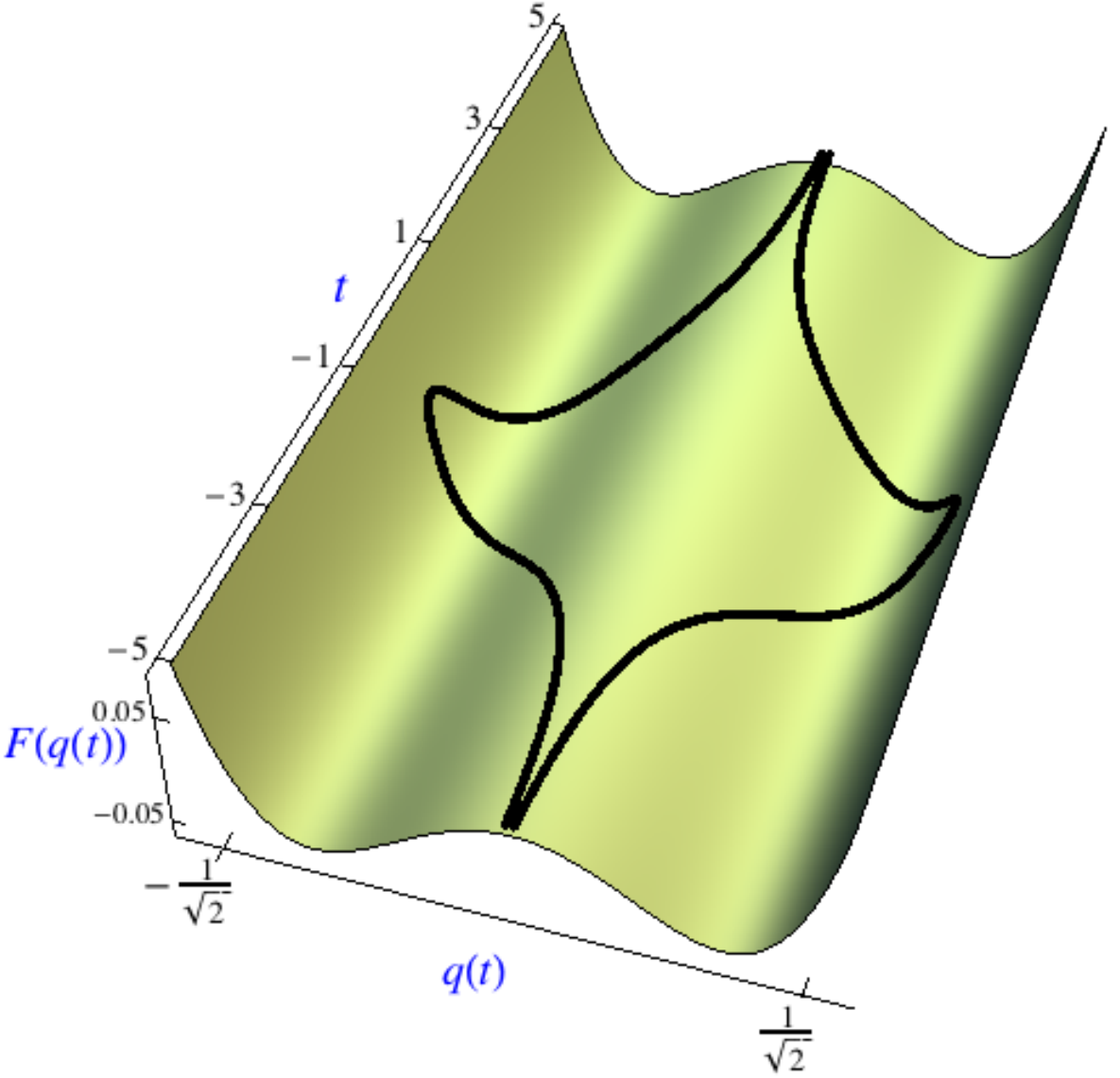
5
3
1
t
−1
−3
−5
0.05
F(q(t))
−0.05
$-\frac{1}{\sqrt{2}}$
q(t)
$\frac{1}{\sqrt{2}}$